

Survivorship Services

at

Roger Maris Cancer Center

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Survivorship and Oncofertility Nurse Navigation



Mentorship



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Mentorship

- **Goals of Mentorship:**
 - Offer Informational and Emotional support
 - Reduce the patient's distress and improve their quality of life
 - Provide tips and tricks to help with treatment and recovery
 - Give patients tools to be an active participant in their healthcare
- All mentors are:
 - Volunteers
 - Trained to speak with patients
 - Become a part of their support team and health care team.
- Patients can be matched on a number of different topics



Survivorship Clinic

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Survivorship Clinic

- **Goal:** Answer questions, ease fears, and help manage symptoms through:
 - Surveillance for cancer spread or recurrence and screening for subsequent primary cancers
 - Assessment, education and interventions for late psychosocial, physical, and immunologic effects
 - Education on resources within Sanford and in the community to support cancer survivors
- Multidisciplinary
- In place of *or* in addition to regular surveillance visits

Oncofertility Nurse Navigation



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Oncofertility Nurse Navigation



- **Goals of Oncofertility Navigation:** Support patients who are navigating fertility concerns along with a cancer diagnosis by:
 - Assist to establishing workflows that identify oncology patients of reproductive age; to enhance their opportunity to address oncofertility as early as possible
 - Coordinate care and improve communication between oncology department and reproductive medicine.
 - Verify orders are in place if/when needed
 - Connect patients with resources available
 - Serve as a contact person for patients with questions or concerns related to oncofertility.
 - Serve as educational source for both patients and staff
- Follow patients both before and after cancer treatments.

Integrative Essentials: Pre-treatment

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Integrative Essentials: Pre-Treatment

- Teaches tools to become an active participant in your treatment
- Helps to:
 - Boost immune function
 - Manage pain
 - Faster recovery
 - Reduce nausea and fatigue
 - Decrease stress and worry
 - See treatment as healing
 - Thrive throughout your treatment
- Sessions available in person, via phone, or available on our website

CLIMB®

Children's Lives include Moments of Bravery



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- **Goal** is to help children and families cope with cancer
- Service for parents with cancer and their children
- Free 6-week support program for kids ages 5-18
- Groups are separated by age and a parent group is held at the same time
- Facilitated by our child life specialist and psychology social workers

Additional Services

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- Treatment Summary and Care Plans
- Bottles of Hope
- Pet therapy
- Healing Arts program
- Cold Capping
- Survivorship Bell
- Retreats
- Exercise and Movement programs
- Integrative Health services
- Support Groups for Caregivers, and Stage IV men and women.
- Education Series for staff



This list will hopefully just continue to grow as we continue to develop our services!

Please reach out with
any questions that you
may have!

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