# Learn About Your SCREENING OPTIONS for COLORECTAL CANCER

# What

IS THE THIRD MOST COMMON CANCER

yet it is one of the most preventable. It is highly treatable and is often curable when caught early.

# Who

## **AGE 45 to 75**

Adults at average risk for Colorectal Cancer should get screened

## **AGE 75+**

The decision to continue screening should be personalized in adults over age 75

# When

# 10 VS. 1

In general, colonoscopy every 10 years starting at age 45 for average risk adults is recommended as a screening test as compared to the alternate stool FIT test which you have to undergo every 1 year.

# Why

# **POLYPS**

Removing polyps with Colonoscopy reduces the risk of Colorectal Cancer and saves lives.



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# 1-Step Test

## COLONOSCOPY

Your doctor can see and remove pre-cancers called polyps and preventor detect or confirm colorectal cancer ALL IN 1 STEP.

# How

### 1-STEP TEST

Colonoscopy is a one-step test that looks for growths called polyps in your entire colon (large intestine) and rectum. Your doctor can remove polyps and prevent colorectal cancer.

## **2-STEP TESTS**

If they are positive, tests such as Fecal Immunochemical Tests (FIT) or Multitarget Stool DNA tests need a follow-up colonoscopy to diagnose any problems. Two steps are needed to screen.

# 2-Step Test

#### 1ST STEP

#### Stool-Based Test

FIT Test (Fecal Immunochemical Test) Multitarget Stool DNA

OR

Flexible Sigmoidoscopy

OR

## Imaging Test

CT Colonography Colon Capsule



2ND STEP Colonoscopy



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