

Prostate Cancer

- Prostate cancer is the number one cancer of men and the second leading cause of cancer deaths.
- Men ages 50 and older should speak with their healthcare provider about prostate cancer screening.
- Men younger than 50 with a family history (father or brother diagnosed with prostate cancer) should also talk with their healthcare provider about prostate cancer screening.
- Early detection saves lives.
- Take action by being informed. Ask your healthcare provider the following questions:

Questions For Men To Ask Your Healthcare Provider

- What is prostate cancer?
- What are the risk factors for prostate cancer?
- What are the tests used to screen for colorectal and prostate cancer? At what age and how often are the screenings recommended?
- What screening tests do you recommend for me to screen for prostate cancer based on my personal and family history? Why? How often?
- There is uncertainty reported in the media and some medical literature about the benefit of the prostate cancer blood test called the Prostate Specific Antigen (PSA) test. As my healthcare provider, what does this mean for me? (Be informed about the PSA test go to www.cdc.gov/cancer/prostate/pdf/proguide.pdf)
- If I have a family history of prostate cancer, do I need to be tested before I'm 50 or more often than other people?
- What's involved in preparing for prostate cancer screening?
- Who will do the exam for prostate cancer? Are there any restrictions following the test/s?
- When will I get the results?
- What if you find something? Will I need more tests? If so what kind of further testing is done?
- If the tests show nothing wrong, when should I be tested again?
- What is the cost of these tests? Will my insurance cover the costs?

For more information on prostate cancer and screening go to:

<http://www.ndcancercoalition.org/resources/cancer-awareness-campaign/prostate-cancer-awareness/>

Planning for a cancer-free future.