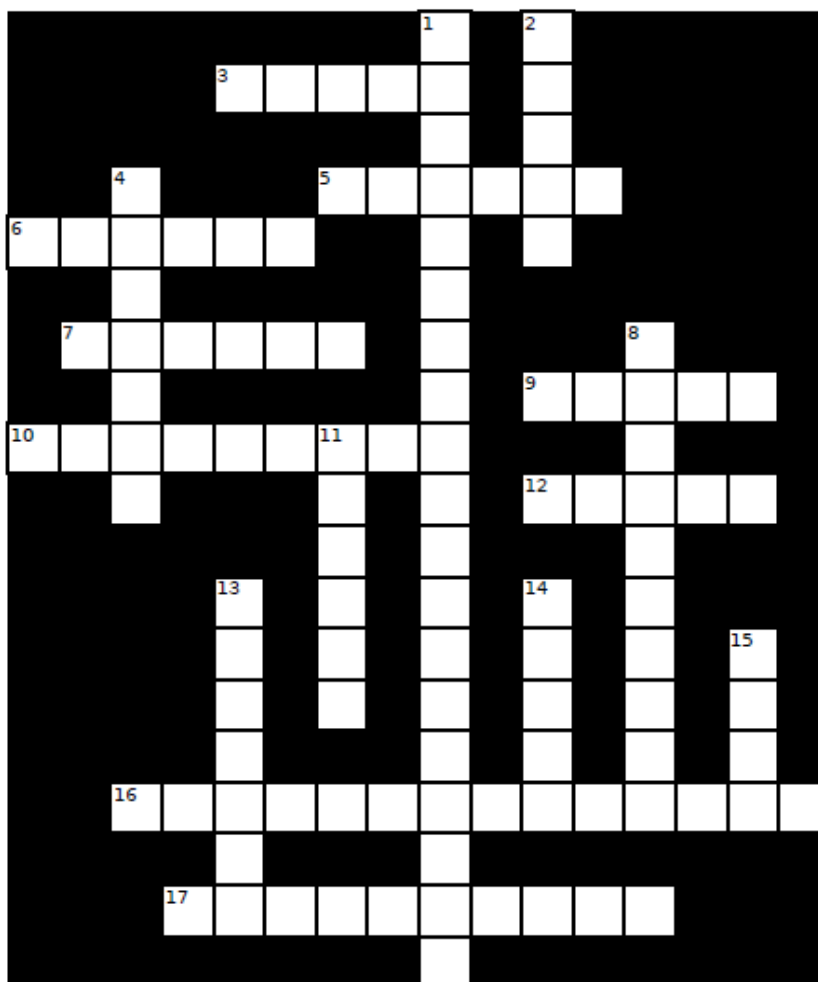


Taking the Puzzle Out of Colorectal Cancer



Across

Down

- | | |
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| <p>3. Thirty grams of these are recommended.</p> <p>5. Minutes of daily physical activity recommended.</p> <p>6. A personal history of these increases your risk.</p> <p>7. Limit consumption of salty foods or foods processed with this.</p> <p>9. E_ _ _ Y detection saves lives.</p> <p>10. Avoid these meats (bacon, hot dogs, sausage).</p> <p>12. Fill your plate 2/3 full of whole grains, vegetables, and B_ _ _ S.</p> <p>16. A symptom of colorectal cancer.</p> <p>17. This cancer is the third most common.</p> | <p>1. Eating these gives you vitamins, minerals and phytochemicals.</p> <p>2. Age at which a colorectal cancer screening is recommended.</p> <p>4. Limit consumption to 2 for men, 1 for women.</p> <p>8. It is best for mothers to do this exclusively for 6 months after a birth.</p> <p>11. Avoid S_ _ _ _ Y drinks.</p> <p>13. Always remember, don't smoke or chew this.</p> <p>14. Colorectal cancer is found in the L_ _ _ _ _ intestines.</p> <p>15. Be as L_ _ _ as possible.</p> |
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